



SKILLS AND DRILLS TRAINING CAMP

May 5 – June 12

(Two nights per week. Players will participate either Mon & Wed or Tues and Thurs.)

WE ARE NOW ACCEPTING WAITING LIST REQUESTS TO PARTICIPATE IN OUR UPCOMING SKILLS AND DRILLS TRAINING CAMP. WE HAVE LIMITED CAPACITY AND YOU CAN CHOOSE TO ATTEND INDIVIDUAL WEEKS OR THE ENTIRE 6 WEEK CAMP. YOUR REQUEST WILL BE PRIORITIZED BASED ON THE TIME AND DATE IT IS RECEIVED.

CAMP DETAILS

- Conditioning, footwork, position specific drills
- This is a non-contact camp. No protective equipment is required. Mouthpiece may be used if desired.
- Tackling dummies and shields will be used.
- Training sessions will start be from 6:30pm – 8:00pm
- Register and pay online at www.styfl.com to guarantee your place.
- You can also fax this form to 480-988-1797

COACHES

Mike Till
QCHS JV Coach
Offensive Line
Defensive Line

Dustin Romney (CSEP-CPT)
Certified Personal Trainer
QCHS Varsity Coach
Running Backs
Linebackers

Mark the box next to each session you would like to be attend.

Participant: _____ **Age:** _____

Parent: _____ **Phone:** _____

Week 1 (May 5 – May 8)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

Week 2 (May 12 – May 15)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

Week 3 (May 19 – May 22)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

Week 4 (May 26 – May 29)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

Week 5 (June 2 – June 5)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

Week 6 (June 9 – June 12)		
Mon & Wed	<input type="checkbox"/>	Tues & Thurs

\$35 per week or \$160 for all 6 weeks

You will be contacted with the sessions you been accepted for and payment will be due at your first session. A parent will need to be present the first day to sign a waiver and make the payment.